



Equipping the Home and Church for Family Discipleship

www.healthyhomes.org



What is Healthy Homes?

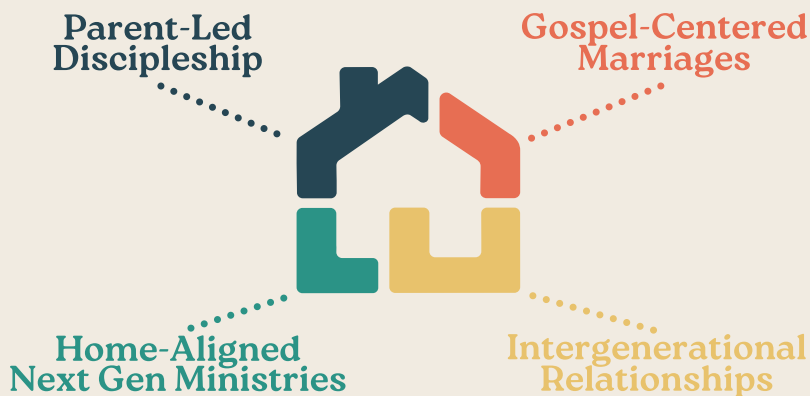
Healthy Homes is a ministry of the UPCI created to help the home and church work together to build strong families and disciple the next generation. In a world where families are busy and spiritually overwhelmed, Healthy Homes offers tools, training, and vision to build grace-filled, faith-centered homes.



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Our Story**

The Healthy Homes Blueprint

Healthy Homes is built on a clear framework that restores the home to its God-ordained place in discipleship.



Parent-Led Discipleship – Because parents are called to be the primary spiritual leaders in the lives of their children (Deuteronomy 6:6–7).

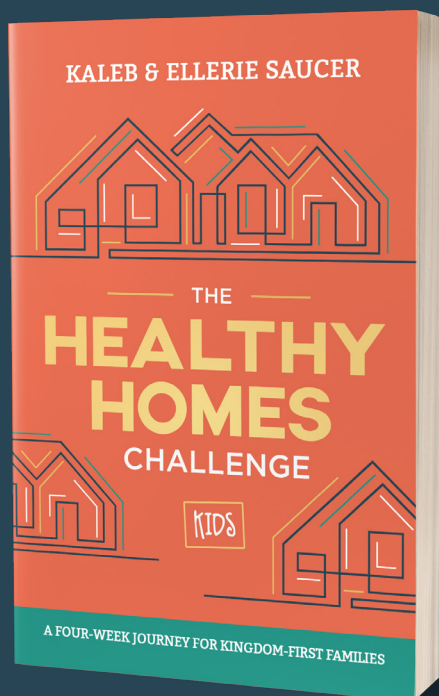
Gospel-Centered Marriages – Because the gospel is best lived out in the everyday rhythms of a healthy, grace-filled marriage (Ephesians 5:25–33).

Church-Aligned Next Gen Ministries – Because when ministries to kids, youth, and parents are aligned with the same goal, the church becomes a powerful partner in the discipleship journey (Ephesians 4:12–13).

Intergenerational Relationships – Because spiritual formation thrives when generations walk in faith together, each contributing to the life and growth of the body (Titus 2:1–8, I Corinthians 12:12–27).

Join the Movement

Visit www.healthyhomes.org to explore free tools, practical resources, and discipleship strategies for your family or church.



Purchase *The Healthy Homes Challenge* for Your Family or Church